

Exercise Science



step in. stand out.

As an Exercise Science major at Brevard College, you will study human movement – exercise and sports – from a scientific perspective. You will have a well-rounded understanding and appreciation of the vital role that physical activity plays in our society. Our major encompasses a large number of potential career pathways, all of which revolve around the study of human movement in the form of exercise and sports.

You should consider the Exercise Science major if you say yes to any of the following:

- are passionate about healthy lifestyles and physical activity
- have an aptitude for scientific reasoning as it applies to the body
- have a desire to work with others
- have an interest in teaching physical education or coaching
- have an interest in working in the fitness industry

What makes the BC Exercise Science Program unique?

Students in our program choose between a Bachelor of Arts or Science, giving them the opportunity to take specific coursework to meet their individual goals and objectives, ranging from graduate school to fitness to physical education

As a student of exercise science, you will be well-educated in the fields of anatomy and physiology, exercise physiology, fitness appraisal, nutrition and biomechanics. Our fitness and exercise physiology lab experiences will give you hands-on application to material covered in the lectures. Students will be able to go an additional step by obtaining valuable internship field experience, helping graduates to secure jobs upon completion of the program.

A variety of outdoor activity courses are offered and students gain a foundation in outdoor education through some of the initial coursework that is available.

Scholarship Information:

New freshman and transfer students, regardless of major, may qualify for academic scholarships through the Admissions Office from \$5,500 per year to full tuition. Need-based Financial Aid is also available to all students who qualify as a result of filing the Free Application for Federal Student Aid (FAFSA).





Contact Information:

Coordinator: Exercise Science Major

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Admissions

800.527.9090
www.brevard.edu/admissions

Financial Aid

828.884.8245
www.brevard.edu/financialaid

Exercise Science Web site

www.brevard.edu/exercisescience

Types of opportunities our graduates are discovering:

- Exercise Physiologist
- Public School Physical Education Teacher/Coach
- College or Professional Coach
- Cardiac or Pulmonary Rehabilitation Specialist
- Strength and Conditioning Specialist
- Fitness Instructor
- Pursuing Graduate Studies in:
 - Physical Therapy
 - Athletic Training
 - Occupational Therapy
 - Physician's Assistant
 - Nursing
 - Exercise Physiology

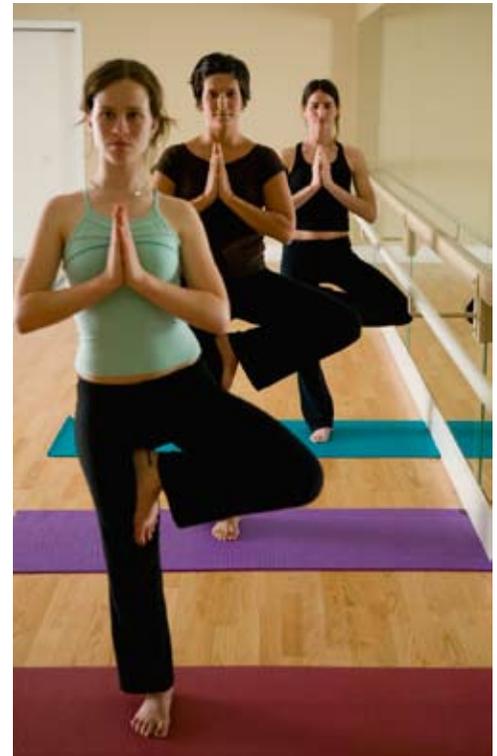
Division of Science and Mathematics:

Major Programs:

Biology, (B.S.)
Environmental Science, (B.S.)
Environmental Studies
Exercise Science (B.A., B.S.)
General Science
Health Science Studies
Mathematics

Minor Programs:

Biology
Chemistry
Coaching
Ecology
Environmental Studies
Fitness Leadership
Geology
Mathematics
Natural History



Read what a recent graduate said about BC:

"The best part of my academic experience has been through the small class sizes here at Brevard. I get to work one on one with professors. I love how the faculty actually invest themselves in the students. If you work hard, they will help you succeed."

For more amazing graduate stories visit us at:

www.brevard.edu/graduates